

BAM

MENTAL HEALTH FOUNDATION

BECOMING A MAN



STUDENT INFORMATION PACK



Mental Health
Foundation



HERE IS A LIST OF THINGS YOU SHOULD KNOW ABOUT BAM...

1

Your BAM Counsellor will first ask your parent or guardian to see if it is OK for you to join BAM. They must say yes for you to join BAM.

2

You get to decide if you want to join BAM. You do not have to join BAM or talk to or meet with the BAM Counsellor if you don't want to. You can decide to leave BAM at any time.

3

The BAM Counsellor might give you advice, but in the end, you make your own decisions!

4

You can always ask the BAM Counsellor questions about their job and the way they work.

5

You can look at the notes the BAM Counsellor writes in their folder if you are interested in or worried about them.

6

If you are ever unhappy about what we do in the BAM programme, please let the BAM Counsellor know so we can make changes.

7

We sometimes collect questionnaires from our students to learn about their needs and what they think about BAM. These questionnaires are voluntary, which means you do not have to complete them if you do not want to.

8

Whatever you say to the BAM Counsellor is private, as explained in this document, except if:

- We are worried about your, or another person's, safety and wellbeing
- We have to share information as part of a court order
- You ask us to share the information with someone else
- You tell us something that is really important for your education.

YOUR RIGHTS AND RESPONSIBILITIES IN BAM

IF YOU JOIN BAM, WE EXPECT YOU TO...

- Take part in activities when you sign up for them
- Make up any coursework you miss if a BAM activity is during class time
- Show respect to yourself, your peers, your school, and your BAM Counsellor
- Follow your school's rules/code of conduct.

YOUR BAM COUNSELLOR MAY ASK YOU TO LEAVE BAM IF YOU...

- Do not participate in BAM activities
- Do not follow the rules or code of conduct for your school
- Disrespect others.

WE COLLECT INFORMATION ABOUT YOU TO HELP US RUN BAM, LIKE...

- Your name, school email address, date of birth and school year, gender, ethnicity, country of birth, home language, any special educational and learning needs you have, relevant medical information, why you were offered BAM, and, if you leave early, the reason you leave.
- When and how much you participate in BAM.
- The different ways your BAM Counsellor helps you and what you discuss.
- How you are doing in school.
- How you respond in *optional* questionnaires, focus groups or conversations about your experience of BAM.
- How you respond in *optional* questionnaires about your wellbeing, social and emotional skills, outlook on life, and relationships with other young people and with adults.

Your parent/guardian is being asked whether or not they agree to you taking the questionnaires in their *BAM Registration and Consent Form* – their consent is essential. If they agree, you will be given the choice to take the questionnaires near the beginning and end of each school year. Your counsellor can remind you how they will be used. It is still up to you on the day whether you take them, and your decision won't affect your ability to take part in BAM.

WE USE THE INFORMATION TO:

- Keep in touch with you and keep you safe.
- Support you as an individual. For example, the questionnaires, if you take them, help us to understand more about your strengths, and adapt BAM support to your unique needs so that it supports your personal development.
- See how you are doing in BAM, and help you do better in BAM or in school.
- Learn about how BAM helps young people like you, and how we can make BAM better.



WHO WILL SEE THE INFORMATION?

This information will be seen by people who work on BAM, like your BAM Counsellor and their manager, and the database team. Your BAM counsellor won't find out who said what if you take the questionnaire about your experience of BAM, so that you can give honest feedback.

We also share some *anonymous* information about you (such as your age, gender and ethnicity) and your participation with other organisations we work with:

- Youth Guidance, the organisation which created BAM and which checks we are running it properly
- PEAR, the organisation which help us run any questionnaires you agree to take
- Our evaluation partners, the Centre for Evidence and Implementation (CEI), who help us and the organisations that pay for BAM to understand how well BAM helps young people.

However, we *never* share your name with these partners. We don't share details of what you tell your counsellor. We make sure these organisations protect your privacy.

WHAT ABOUT THE PROGRAMME EVALUATION?

In addition, you will be asked in the CEI '*Participant information sheet and consent form*' whether you consent to being part of the programme evaluation. If you and your parent/guardian both consent, this would mean we share a bit more *anonymous* information about you, your participation in BAM, and your responses to any questionnaires you take, with the evaluation partners, CEI. The evaluators *won't* be able to connect any of this information with your name.

CEI would then look at all this information together and use it to write about BAM and how well it works for young people. This helps to improve BAM, and helps with decisions about whether to make it available in more schools.

If you or your parent/guardian do not consent to this, you may still take part in BAM. You are also still able to take the questionnaires, to help the BAM counsellor support you better – the results just won't be passed to the evaluators.

HOW LONG WILL THE INFORMATION BE KEPT?

We will keep your information for three years after you turn 18. This is so that you can access the information when you are an adult, if you choose to. After that, it will be deleted.

YOU, OR YOUR PARENT OR GUARDIAN, CAN...

- Ask to see and/or update the information we have about you
- Ask us to delete the information we have about you when you leave or finish BAM
- Ask us not to collect or use your information.



WHO CAN I CONTACT IF I HAVE QUESTIONS OR A COMPLAINT?

If you have any questions, please contact the BAM Counsellor in your child's school:

Central Foundation

Dean Idoniboye-Obu

didoniboye-obu@mentalhealth.org.uk

020 7803 1113

Arts & Media School, Islington

Kohliah Roberts

kroberts@mentalhealth.org.uk

07956 435 896

Beacon High School

Hugh Mayers

hmayers@mentalhealth.org.uk

0207 803 1102

If you would prefer, you can contact the BAM Programme Manager, Ntale Eastmond, neastmond@mentalhealth.org.uk.

If you wish to raise a complaint about how we have handled your family's personal information, you can contact our Data Protection Officer, Adrian Lance, alance@mentalhealth.org.uk (or 020 7803 1110). If you are not satisfied with our response, you can complain to the Information Commissioner's Office (ICO) (www.ico.org.uk or 0303 123 1110).