



Becoming a Man (BAM) Affirmation Form

Student version
New BAM students, 2024-25

BAM affirmation

To join BAM, please tick the boxes to show you agree with all of the following.

I want to join BAM. I understand that BAM activities happen during school hours, but could also happen before-school, after-school, or during school holidays.

I have read the BAM information pack and I understand my rights and responsibilities, and who to contact with any concerns. I understand how the Mental Health Foundation will collect, use, and where necessary anonymously share, information about me as part of BAM.

As a BAM member, I agree to:

- Participate in the activities I sign up for
- Make up any coursework I miss if a session or activity is during class time
- Respect myself, my peers, my school, and my BAM Counsellor
- Follow my school's student code of conduct.

Optional consent to evaluation (on the other form)

The information pack explains that we share limited, *anonymous* information about your characteristics and your participation in BAM with some of our partner organisations.

Attached to this form is the CEI 'Participant information sheet and consent form'. This asks whether you consent to being part of the programme evaluation. This would mean we share more anonymous information about you, your participation, and your responses to any questionnaires, with the evaluation partners, CEI. CEI would then look at all this information together and use it to write about BAM. This helps to improve BAM, and with decisions about whether to make it available in more schools. The evaluators won't be able to connect any of this information with your name. If after reading the sheet carefully you consent to being part of the evaluation, please complete and sign the form and return it to your counsellor.

If you or your parent/guardian don't consent to this, you may still take part in BAM. You are also still able to take the questionnaires, to help your BAM counsellor support you. If you don't want to be part of the evaluation, just let your counsellor know.

Signature

Your signature _____

Your name _____

Today's date (dd/mm/yyyy) (___/___/____)

Name of your school _____

Name of your BAM group (ask your counsellor if not sure) _____

Welcome to BAM!

PROGRAM PARTICIPANT INFORMATION SHEET (ADOLESCENT)

Study title: Evaluation of the Scaling What Works Program

Principal Investigator: Dr Anna Williamson

Introduction:

You are invited to take part in an evaluation study of the Scaling What Works (SWW) Program. This is because you have/will be participating in one of the 16 programs for boys and men being funded by the SWW Program. This participant information sheet and consent form tells you about the study. It explains the purpose of the study, what you will be asked to do if you agree to take part in the study, and any risks involved. It also describes what information will be collected from you, and how that information will be used. Knowing what is involved will help you decide if you want to take part in the study. Before deciding whether or not to take part, you might want to talk about it with your family or friend. You do not have to take part in this study if you do not want to. You can continue to participate in the program whether or not you take part in the study.

What is the study for?

This study is trying to understand what type of programs work for improving the wellbeing of boys and men, and what are the best ways of delivering them. It will also try to understand what kinds of things help programs to work well when they are run in more areas or with different groups of people.

The entire study will go for quite a lot longer than you are involved in it (around 25 months in total). A total of 15,807 program participants are expected to be recruited across all the 16 programs.

Why have I been invited to take part in this study?

You have been invited to take part in this study because you are, or will be, participating in one of the 16 programs for boys and men being funded by the SWW Program.

What will happen if I choose to take part in this study?

If you decide you want to take part in the study, you will be asked to sign the consent form. By signing it you are telling us that you:

- understand what you have read
- agree to take part in the study
- agree that the information you provide (e.g. about your wellbeing and your views of the program) through completing two short surveys and information about your program attendance (e.g. how many sessions you go to or how long you are involved with the program) can be combined with the information collected from other participants and used in the study.
- Your parent/guardian(s) will also be provided with information about the study and will be asked to sign a consent form for you to participate in the study.

You will be given a signed and dated copy of the participant information sheet and consent form to keep.

How is the study funded?

The study is funded by Movember.

What do you have to do?

As part of this study, with your and your parent/guardian(s)'s consent, the evaluation team will access some information about you, such as your age and gender, and data about the number of sessions you attended in the program. This will be collected by the program team during the time you are involved in the program. Your name will not be linked to this information.

You will also be asked to complete two short surveys: (1) within 3 weeks of starting to participate in the program and, (2) when you stop attending the program (or three months after starting for long programs).

Each survey will take about 10 minutes to complete.

What are possible risks to participants?

You may find it a hassle to fill out the two short surveys. The surveys will ask you a bit about your wellbeing so that we can learn more about the program. We do not expect that the survey questions will be upsetting. However, if you do feel upset completing a survey, please stop filling in the survey (you can return to it later if you wish). If you would like to talk to someone about how you are feeling, you may wish to either contact your program team or call The Mix (Hotline number: 0808 808 4994).

Your name will not be linked to your survey responses and all information will be kept private. To make sure your data is kept private, your identifying information will be removed and the data will be stored on a password protected data system. This system can only be accessed by the evaluation team.

Do I have to take part in this study?

No, you do not have to take part if you do not want to. You can still participate in the program if you do not take part in the study. You can also change your mind about taking part in the study at any time. If you change your mind and want to stop being in the study, you can keep accessing the program and it will not change your relationship with the program team.

Privacy and Confidentiality:

Your information relating to this study and any other information collected as part of the study (e.g., the surveys you complete) will be kept strictly confidential. This means that your name will not be connected to your information and responses. All results from this study will be reported as a summary of all the data collected for the project, and no individual data will be reported. In this way, your privacy will be protected in any reviews and reports of this study which may be published.

What will happen to my data?

All hard copies of consent forms and surveys will be kept in a locked file cabinet at the program site. Electronic data will not contain your name or any identifying information and will be stored in a password protected data system. Only the evaluation team and Movember will have access to these files. All data collected will be stored by the Centre for Evidence and Implementation (the evaluators) in a secure, password protected data centre located in Australia. Data protection agreements are in place to ensure that all data used in this evaluation meets the regulations of the United Kingdom and Australia (where the study is conducted).

All information will be kept for seven (7) years. After seven (7) years, electronic files will be deleted and hard copies shredded. If you decide to withdraw from the study, your data will be deleted if it can be identified. This will be done within five (5) business days of receiving the request.

Results of the study:

Findings from the study will be published in reports shared with Movember and the teams running the programs. You may ask to be told about the findings of the study from CEI or your program team.

Advice and information:

If you have any further questions regarding this study, please do not hesitate to contact:

1. **Dr Anna Williamson**
Director, Centre for Evidence and Implementation
Anna.williamson@ceiglobal.org
2. **Mr Tom Steele**
Evaluation Lead - SWW, Centre for Evidence and Implementation
tom.steele@ceiglobal.org

The Bellberry Human Research Ethics Committee has reviewed and approved this study in accordance with the National Statement on Ethical Conduct in Human Research (2007) – incorporating all updates. This Statement has been

developed to protect the interests of people who agree to participate in human research studies. Should you wish to discuss the study or view a copy of the Complaint procedure with someone not directly involved, particularly in relation to matters concerning policies, information or complaints about the conduct of the study or your rights as a participant, you may contact the Operations Manager, Bellberry Limited on 08 8361 3222.

You may wish to view the Data Privacy Notice here: https://cei.syd1.qualtrics.com/jfe/form/SV_etHflmRQ9WGswcu

PROJECT PARTICIPANT CONSENT FORM – ADOLESCENT

Study title: Evaluation of the Scaling What Works Program

Principal Investigator: Dr Anna Williamson

Declaration by participant

1. I have read, or have had someone read to me, and I understand the participant information sheet and consent form.
2. I have had the chance to discuss this with an independent person and my parent/guardian.
3. I have had a chance to ask questions and I am happy with the answers I have been given.
4. I agree to take part in this study as explained in the information sheet. I understand that I can stop being in the study at any time before the data has been analysed without explanation or getting in trouble. I understand that I can withdraw any unprocessed data that I have provided if it can be identified.
5. I understand the purposes, procedures and risks of the research explained in the information sheet.
6. I understand that the information I provide will be kept confidential and my data will be password protected. I understand that only the evaluation team will have access to my data.
7. I understand that the data from this study will be stored safely by the evaluation team and will be destroyed after 7 years.
8. I understand that I will be given a signed copy of this document to keep.

Participant's signature _____ Date _____

Full name of participant (please print) _____

Signature of participant's parent/guardian _____

Full name of participant's parent/guardian (please print) _____

Name of school that participant attends (if applicable) _____