

BAM

MENTAL HEALTH FOUNDATION

BECOMING A MAN



PARENT INFORMATION PACK



Mental Health
Foundation



WHAT DOES IT MEAN FOR YOUR CHILD TO JOIN 'BECOMING A MAN' (BAM)?

WHAT IS BAM?

- A programme that helps students reach their full potential socially, emotionally, and academically
- BAM was created in the United States (US) by an organisation called Youth Guidance.
- We (Mental Health Foundation) are working with Youth Guidance to adapt the programme to the UK and offer it to a select few schools and students in Lambeth and Islington.

WHAT WILL YOUR CHILD BE ASKED TO DO?

- Attend a group session each week during school time for the next two years
- Sessions will involve activities that help build social, emotional, and behavioural skills.
- Sessions are led by a professional (the BAM Counsellor) who will receive over 300 hours of training plus ongoing coaching in how to support young men's development.
- Your child may also be offered other kinds of support from their BAM Counsellor (including one-to-one support).
- Your child might get to attend some educational or recreational trips.
- We will collect some personal information about your child to help us run BAM. We sometimes share this information with other organisations so they can help us make BAM better. We make sure these organisations protect your child's privacy – read on for more about this.

WHAT RESPONSIBILITIES DO WE HAVE?

We must provide a fair and appropriate service that:

Respects young people's right to fair and professional treatment by BAM staff

Collects and uses personal data in a way that complies with the law

Treats the things young people share in BAM as confidential, except if:

- We have concerns about your child's, or another child's, safety or wellbeing
- We are required to release information as part of a court order
- Your child asks us to share the information with someone else
- It is necessary to share information critical to their education.

WHAT CAN YOU AND YOUR CHILD EXPECT FROM BAM?

WHAT WILL WE EXPECT FROM YOUR CHILD?

As a BAM member, we expect your child to:

- Participate in activities when they sign up for them
- Make up any coursework they miss if an activity takes place during class time
- Show respect for themselves, their peers, their school, and their BAM Counsellor
- Follow their school's code of conduct.

BAM is a voluntary programme. This means your child can choose not to take part in BAM and can decide to leave BAM at any time. The BAM Counsellor may ask your child to leave BAM in the following cases:

- Lack of participation in BAM
- Violating their school's code of conduct
- Disrespecting others.

WHAT CAN YOU EXPECT FROM BAM?

Parents/guardians are valued partners in their child's success, and you should expect open communication with your child's BAM Counsellor.

This may include:

- Introductions to BAM and the staff members working on BAM
- Updates on your child's progress
- Invitations to take part in activities (e.g. parent orientation, parent-teacher conferences, workshops etc.)
- Encouragement and support for your child in the skills they learn in BAM
- Letting the BAM Counsellor know about any changes at home that might affect your child's progress, or if other support is needed
- Attending BAM-related events throughout the year.

You also have the right to:

- Remove your child from BAM at any time
- Ask to see the information we hold about your child
- Ask us to update any information about your child that is incorrect
- Ask us to delete your child's information once they have left or finished BAM
- Restrict or object to us using this information.



HOW WILL WE USE YOUR CHILD'S PERSONAL INFORMATION?

To track the progress of BAM and make sure we are providing a high-quality service, we need to collect personal information about your child as part of BAM.

WHAT PERSONAL INFORMATION DO WE COLLECT AND WHY?

INFORMATION WE COLLECT	EXAMPLES	WHY WE COLLECT IT
YOUR CHILD'S PERSONAL DETAILS	Personal information like: name, school email address, date of birth and school year, relevant medical information, gender, ethnicity, country of birth, home language, any special educational and learning needs, why your child was offered BAM support, and their reason for leaving if they leave BAM.	<p>To help us keep in touch with young people during BAM and support them safely and with understanding.</p> <p>To help us to monitor who is taking part in BAM and whether it works for all of them.</p>
YOUR OWN CONTACT INFORMATION	We collect your name, email address and phone number in the BAM registration form.	<p>We need this as emergency contact information. We may also use it to contact you about BAM, your child's progress, and research about BAM.</p> <p>We ask in the form whether you give consent for us share it with our evaluation partners, if they need to contact you about their research.</p>
PARTICIPATION AND SUPPORT	Record of services provided like: the dates your child joins and leaves BAM, attendance at sessions and one-to-one support, and notes about what was discussed with your child.	To help staff understand how BAM is going and how young people are doing in BAM, and to help counsellors and their supervisors to improve the support they provide.
EXPERIENCE AND SATISFACTION	<p>Optional questionnaires, focus groups, or conversations about young people's experience of, and satisfaction with BAM.</p> <p>BAM counsellors will not see young people's names in connection with this feedback and it won't be identifiable – they will be given a summary by the team in the office.</p> <p>Young people may still take part in BAM if they choose not to complete these, or their parent/carer does not want them to. You will be asked to opt in or out in the <i>BAM Registration and Consent Form</i>.</p>	To help us understand what young people think about BAM and if we can improve anything.

<p>SOCIAL AND EMOTIONAL WELLBEING</p>	<p>Optional questionnaires about wellbeing, social and emotional skills, outlook on life, and relationships with peers and adults. These are taken near the beginning and end of each school year, or when your child leaves BAM if they leave early.</p> <p>These include the Personal Wellbeing Index, the Holistic Student Assessment and the Strengths and Difficulties Questionnaire (see more information about who runs these below).</p> <p>Young people may still take part in BAM if they choose not to complete these questionnaires, or you do not want them to. You will be asked to opt in or out in the <i>BAM Registration and Consent Form</i>.</p>	<p>To help staff understand more about young people's strengths, and tailor support to their unique needs. This helps us to promote the positive social-emotional development of BAM students.</p> <p>It also helps us see how students' skills, wellbeing and relationships progress during the programme, and to understand how well BAM is working for students with different characteristics.</p>
<p>TEACHER/ SCHOOL STAFF FEEDBACK</p>	<p>Information about how a young person is doing in school, like: their attendance, attainment, or behaviour in class</p>	<p>The BAM counsellor will use this information to see if there are ways we can help the young person do better in school and/or in BAM.</p>

HOW IS THE DATA STORED?

The data is stored in a secure database called Apricot, managed by Gallery Partnership, which is hosted in the UK. Staff from Gallery Partnership are able to log into the system to help Mental Health Foundation staff to manage the data. Data may also be stored securely on the Mental Health Foundation's servers, and any anonymous data shared with partners (below) is shared securely using this system. Any paper copies of information are kept in locked cabinets.

HOW LONG WILL WE KEEP THE INFORMATION?

The Mental Health Foundation will keep this information until three years after your child's 18th birthday. This is so that your child can access this information as an adult, should they wish to do so. After this point, all information will be securely deleted.

WHO CAN SEE THIS INFORMATION?

WHO AT THE MENTAL HEALTH FOUNDATION CAN SEE THIS INFORMATION?

BAM counsellors and their supervisors will be able to see the information we collect. Mental Health Foundation officers support the counsellors with recording information, help to anonymise it, and then use and share it as described in this document. Other Mental Health Foundation staff may also access this information on a strictly as-needed basis.

WHO ELSE MIGHT SEE THIS INFORMATION?

WHO?	WHAT?	WHY?
YOUTH GUIDANCE	<p>Youth Guidance is the organisation which created BAM and licenses its use. Youth Guidance staff, based in the US, may see some information about young people and their progress in BAM, such as their characteristics, participation and attendance in the programme, and the results of questionnaires they complete. This information will be presented as a summary of all the students' information. It will not refer to or identify young people individually.</p> <p>Counsellors may also discuss their student groups with the Youth Guidance programme specialist in order to receive advice about how best to support them. Private details won't be shared.</p>	<p>To make sure the Mental Health Foundation is delivering BAM properly, and to provide training, support and guidance to the BAM Counsellors working with students.</p>
PARTNERS IN EDUCATION AND RESILIENCE (PEAR)	<p>We share some anonymised data about students who take questionnaires with PEAR, who run the questionnaires. This includes students' gender, ethnicity, age, and any special educational needs. This information will not identify young people – it is not connected to their name or date of birth. Students then enter their responses to the questionnaires anonymously into the Qualtrics survey tool used by PEAR.</p> <p>The only people who will be able to connect your child's name and identity to their personal information and their answers are Mental Health Foundation staff working on BAM.</p>	<p>PEAR process the anonymous answers and provide the results back to the Mental Health Foundation for us to use in the ways described above.</p> <p>PEAR also use this anonymous data for research and educational work.</p>

EXTERNAL
RESEARCH
PARTNERS
STUDYING BAM:
THE CENTRE FOR
EVIDENCE AND
IMPLEMENTATION
(CEI)

We will share data collected by BAM Counsellors with our external research partners who are evaluating BAM.

This includes anonymous information about students' participation and attendance in the programme, their reasons for being invited to and leaving BAM, and their age and gender - but not name or date of birth. This information is counted up and shared with the programme's funders and very generally in the evaluation report.

In addition, you will be asked in the *CEI 'Participant information sheet and consent form'* whether you consent to your child being part of the programme evaluation. If you and your child both consent, the evaluation partners will be given further anonymised information about:

- your child's characteristics (their country of birth and language spoken at home)
- the results of the questionnaires they complete during the programme, as described above.

They will connect this with the anonymous information about your child's participation and attendance in BAM. Again, we will not share information which directly identifies your child (such as name or date of birth).

If you or your child do not consent to this, your child may still take part in BAM. They are also still able to take the questionnaires, to help their BAM counsellor support them better, and to help the Mental Health Foundation and Youth Guidance team to improve BAM – the results just won't be passed to the evaluators.

To help us learn more about how BAM works in the UK and how programmes like BAM help young people.

To help us and the evaluators to explain to the organisations that pay for BAM how the money is being used to support young people.

SCHOOL
STAFF AND
SERVICE
PARTNERS

When appropriate, we may tell staff at the school, or other services involved in BAM, limited information about what the young person is doing in BAM. Private details won't be shared.

To share information that would help the young people taking part in BAM.

HOW DOES THESE USES OF THE INFORMATION COMPLY WITH THE LAW?

In legal terms, using the information in these ways supports the 'legitimate interests' of the Mental Health Foundation to further programmes and research that promote and protect good mental health, ensuring the services provided are of a high standard. The collection of special category (sensitive) data is in line with our role as a not-for-profit body and for archiving, research and statistics purposes, allowing us to provide tailored support and conduct research into the effects of the programme in areas that serve the public interest.

WHO CAN I CONTACT IF I HAVE QUESTIONS OR A COMPLAINT?

If you have any questions, please contact the BAM Counsellor in your child's school:

Central Foundation

Dean Idoniboye-Obu

didoniboye-obu@mentalhealth.org.uk

020 7803 1113

Arts & Media School, Islington

Kohliah Roberts

kroberts@mentalhealth.org.uk

07956 435 896

Beacon High School

Hugh Mayers

hmayers@mentalhealth.org.uk

0207 803 1102

If you would prefer, you can contact the BAM Programme Manager, Ntale Eastmond, neastmond@mentalhealth.org.uk.

If you wish to raise a complaint about how we have handled your family's personal information, you can contact our Data Protection Officer, Adrian Lance, alance@mentalhealth.org.uk (or 020 7803 1110). If you are not satisfied with our response, you can complain to the Information Commissioner's Office (ICO) (www.ico.org.uk or 0303 123 1110).



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