

Have a **natter**,  
**raise money** and  
**change** lives



## Join our Tea & Talk...

**Where:**

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**When:**

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**Contact:**

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We're holding a Tea & Talk and raising funds to help create a world with good mental health for all.

[mentalhealth.org.uk/get-involved/tea-and-talk](https://mentalhealth.org.uk/get-involved/tea-and-talk)



**Good mental health for all.**

Registered Charity No.  
England 801130, Scotland SC039714,  
Company Registration No. 2350846.



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HEALTH  
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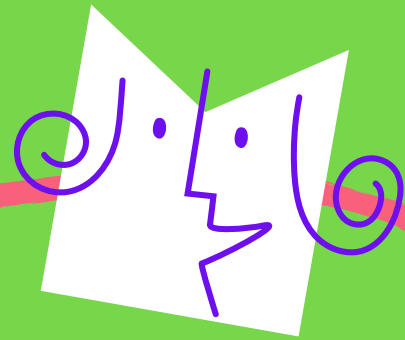




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